

SWIT-PCa Recovery Series – Guide #3

Medication Guide & Tracker

Managing Your Medications Safely After Prostatectomy
Nurse-developed education for patients and caregivers.

Patient Name: _____	Surgery Date: _____
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My Daily Medications

Medication	Purpose	Dose	AM	Noon	PM	Bedtime

Pain & Comfort Medications (As Needed)

Medication	Last Taken	Next Dose After	Pain (0–10)	Notes

⚠ BEFORE YOU LEAVE THE HOSPITAL

💡 MEDICATION SAFETY TIPS

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| ☐ I understand what each medication is for.
☐ I know when to take each medication.
☐ I know which medications are temporary.
☐ I know when to stop my bladder spasm medication.
☐ I know who to call with medication questions. | <ul style="list-style-type: none"> • Take medications exactly as prescribed. • Finish antibiotics unless instructed otherwise. • Drink plenty of water unless restricted. • Walk daily to reduce constipation. • Bring this guide to follow-up visits. |
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⚠ Stop Bladder Spasm Medication Before Catheter Removal

If you are prescribed oxybutynin, tiroprium, or another bladder spasm medication, your surgeon may instruct you to stop it 24 hours before Foley catheter removal. Always follow your surgeon's instructions.

Nurse Tip

Don't wait until your pain becomes severe before taking prescribed pain medication. Staying ahead of pain often provides better relief and makes it easier to walk, cough, deep breathe, and recover.

Daily Medication Log

Date	Time	Medication	Dose	Initials	Notes

Questions for My Healthcare Team

Call Your Healthcare Team If...

- Fever as directed by your surgeon
- Rash or allergic reaction
- Uncontrolled bleeding
- Unable to keep medications down
- Severe dizziness or fainting
- Questions about your medications